

CHEZWAWA restaurant

**MAJOR FOOD ALLERGENS  
ALLERGENES**

	Celery	Cereals w/Gluten Céréales avec Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds Graines de sésame	Soya	Sulphur Dioxide
	Céleri	Gluten	Crustacés	Oeufs	Poissons	Lupin	Lait/ Lactose	Mollusques	Moutarde	Fruits à coque	Arachides		Soja	Anhyride sulfureaux

OUR MAIN MENU ITEMS

Burrito grande/peq - Flour Tortilla		Yes												
Tacos - Flour (blé) Tortillas		Yes												
Tacos - Corn (mais) Tortillas, hard or soft														
Naked Burrito														
Salad														
Grilled Poultry										Yes (rapeseed oil)				
Pork Carnitas	Yes (bouillon)													
Beef Barbacoa	Yes (bouillon)													Yes (vinegar)
Spicy Tofu										Yes (rapeseed oil)			Yes	
Vegetarian (Grilled Veggies + Guac)														
White Rice							Yes (butter)			Yes (rapeseed oil)				
Brown Rice							Yes (butter)			Yes (rapeseed oil)				
Pinto Beans	Yes (bouillon)													
Black Beans														
Various Salsas							Yes if Mild n.2			Yes (rapeseed oil in some)				
Shredded Cheese							Yes							
Sour Cream							Yes							
Flavourful Sauces (Chip Mayo, Cil Ranch)							Yes			Yes (rapeseed oil)				
Chili / Soups	Yes						Yes			Yes (rapeseed oil)				
Meal of the Month	Yes if Chili	Yes		Yes (mayo)	Yes if Fish Tacos		Yes			Yes (rapeseed oil)				Yes if carne adada
Guacamole														
Tortilla Chips														
Aguas Frescas		Yes if Horchata						Yes if Horchata			Yes if Horchata			
Clerico, Margarita														Yes
Desserts		Yes		Yes			Yes				Yes			
Sunday Brunch: Brkfst Burritos		Yes		Yes			Yes			Yes (rapeseed oil)			Yes (some)	
Sunday Brunch: Counter Items		Yes (some)		Yes (some)			Yes (some)			Yes (rapeseed oil)			Yes (some)	
Sunday Brunch: Breads		Yes		Yes			Yes			Yes (rapeseed oil)				
Sunday Brunch: Soups	Yes						Yes			Yes (rapeseed oil)				
Sunday Brunch: Salads				Yes			Yes			Yes (rapeseed oil)				Yes (vinegar)

Notice: All of our menu items, ingredients and recipes are subject to change on a daily basis. Please inquire with our staff upon placing an order.

Update January 2017